

Weekly
**POSITIVE
AFFIRMATIONS**
for Mothers

personalcreations®







I AM LEARNING TO BE
a better
mother
WITH EACH NEW DAY



THE
strength
OF
motherhood
IS GREATER THAN
natural law

— BARBARA KINGSOLVER



“MOTHER LOVE IS THE FUEL THAT
ENABLES A NORMAL HUMAN BEING
TO DO THE IMPOSSIBLE.”

— MARION C. GARRETTY



TODAY I WILL NOTICE THE

positive aspects

OF MOTHERHOOD

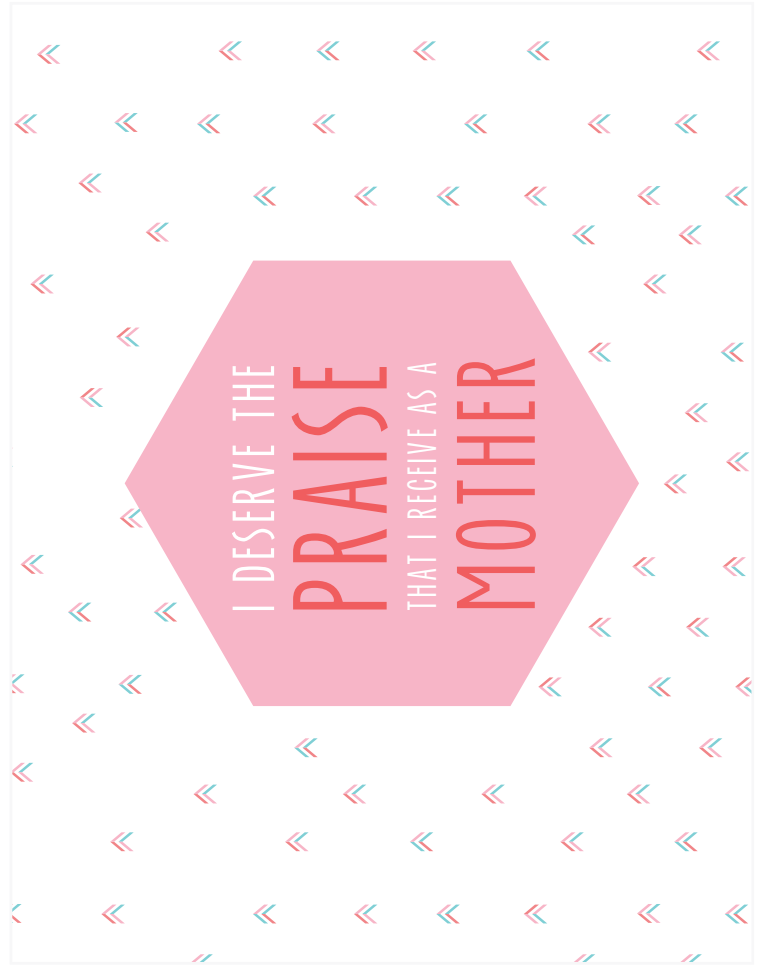








I AM GIVING MY CHILDREN
THE BEST **POSSIBLE**
FUTURE



I DESERVE THE
PRAISE
THAT I RECEIVE AS A
MOTHER



motherhood,
ALL LOVE BEGINS AND ENDS THERE

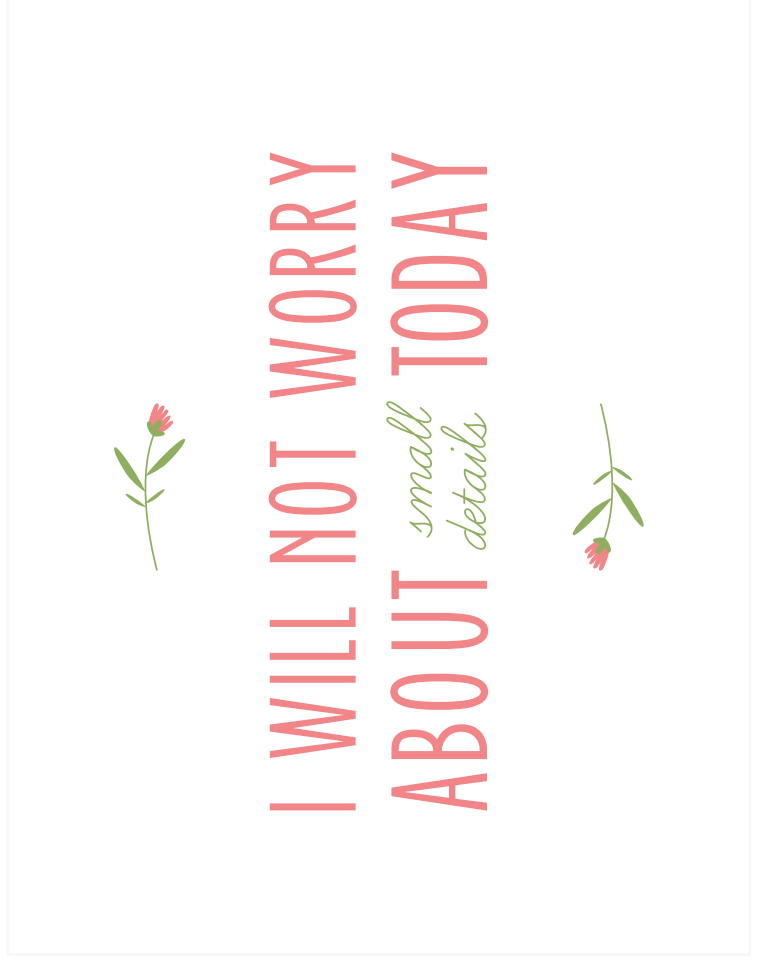
— ROBERT BROWNING



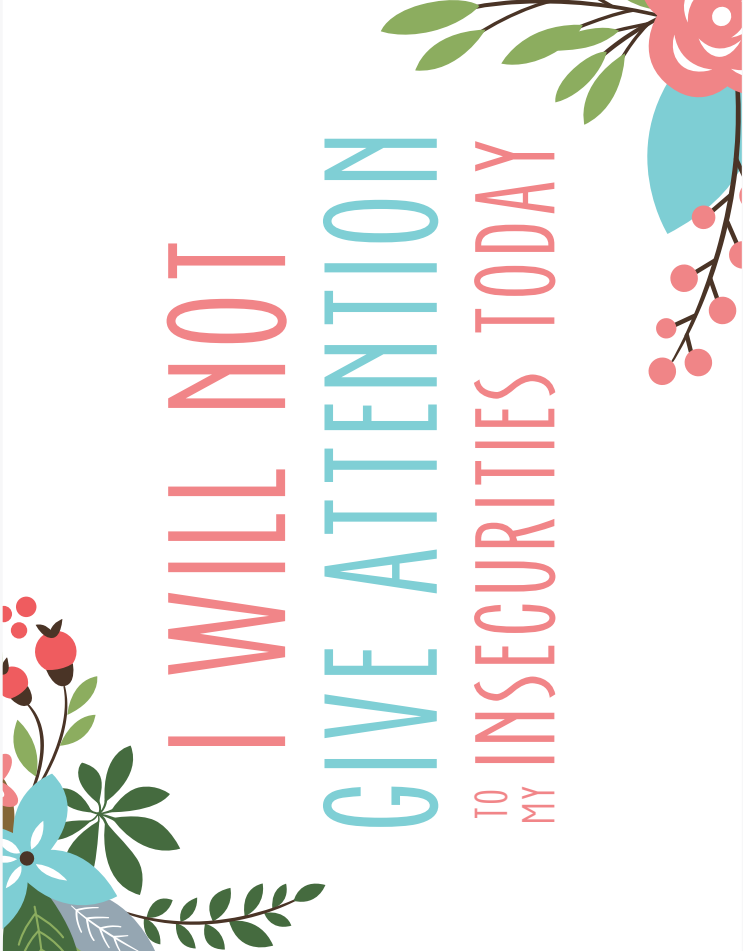
"IN GIVING BIRTH TO OUR BABIES,
WE MAY FIND THAT WE GIVE BIRTH
TO NEW POSSIBILITIES
WITHIN OURSELVES."

— MYLA AND JON KABAT-ZINN









I WILL NOT
GIVE ATTENTION
TO MY INSECURITIES TODAY



MOTHERHOOD IS AN ACT OF
infinite optimism



I HAVE ENOUGH
patience
FOR MY CHILDREN
TODAY



"BIRTH IS THE EPICENTER OF
WOMEN'S POWER."

— ANI DIFRANCO

I HAVE FEELINGS THAT

DESERVE



TO BE

RECOGNIZED

"NO LANGUAGE CAN EXPRESS THE
POWER AND BEAUTY AND HEROISM
OF A MOTHER'S LOVE."

— EDWIN CHAPIN



I am creating
POSITIVE,
LIFELONG
MEMORIES
with my children



I know better than anyone else what

MY CHILDREN NEED







the challenges that I face make me a

STRONGER MOTHER

